

MARGARET RIVER SENIOR HIGH SCHOOL **NEWSLETTER**

September 2018

DATES FOR YOUR DIARY

2018—Term Three

WEEK 10

September 17th

Yr 12 Exams—17th to 21st

September 19th

SWSSWA Yr9-10 Sports Carnival

Bunbury

September 21stLAST DAY TERM 3

LAST DAY YR 12 VET/WPL STUDENTS

2018—Term Four

WEEK 1

October 8th

Yr12 Voluntary Work Exp—8th to 18th STAFF PD DAY (STUDENT FREE DAY) Course—Provide First Aid Yr12 ATAR

October 9th

STUDENTS COMMENCE

Course—Provide First Aid

October 11th

Course—Provide First Aid

Cadets setup for MR Show 11th-12th

October 12th

MR Show Visual Art Display Course—Provide First Aid

WEEK 2

October 15th

Yr12 Voluntary Work Exp—8th to 18th YEAR 11 ASSESSMENT FREE WEEK

October 17th

Yr12 Graduation Dinner—Watershed

October 19th

Yr8 Asian Studies Murdoch Uni Visit

Voice Public Speaking

LAST DAY YR 12 ATAR

Yr11 Exams Begin—19th—26th

PRINCIPAL'S ADDRESS

Third Term has quickly come to a close. The past 5 weeks have been very busy with students participating in numerous events as demonstrated in this newsletter. I would like to compliment students for the way they have represented our school whilst on the myriad of excursions that they have participated in. I would also like to thank our staff who have provided their time and expertise in running these extra curricula events.

I would like to wish our Year 12 students the best of luck in their mock exams and hope that everyone enjoys a relaxing break. Enough from me and on with the events in our September newsletter.

Andrew Host

PRINCIPAL

Lower School Music Soiree





Congratulations to our Lower School Music Students on yet another outstanding Music Soiree. See more details on both our Upper and Lower School Soiree's on Page 7.





Student Absences

Missing School Matters

Informing us about your child's absence from school

The education act requires parents/guardians to inform the school as to why their child is absent from school within 3 days of the absence.

This can be done by one of 3 methods:

- 1. Sending a note to the form teacher with your child
- 2. Ringing Student Services on

☎9757 0745 or 9757 0795

3. Sending an email to MargaretRiver.SHS.Absentees@Education.wa.edu.au

Should you have any queries please contact me on 9757 0720.

Hetty Bogerd

Deputy Principal

Financial Information

Dear Parents/Guardians,

Thank you to those that have already paid their Contributions & Charges in full or have made contact with me to set up a payment plan. If you haven't done so please feel free to contact me on ph. 9757 0704 or via email Cristina.oliveira@education.wa.edu.au to set this up.

If you haven't paid or made arrangements to go on a payment plan this will impact on your child's placement in their chosen electives for 2019.

You will soon receive another "Reminder of Unpaid Billing items". This statement only displays the billing items which have not been fully paid. If your student is attending the Sydney/Canberra trip in Term 4 any outstanding balance will be reflected in this statement.

You may direct deposit any fee's and charges to the School Bank Account, details as follows:

BSB: 016-520 Account: 1083 88617

If you are using online banking and paying something specific please use a similar reference eg: Syd [student name], fees [student name 11.1] or CHN [student name].

2019 Year 12 - Textbook & Resource list:

All ATAR Year 12 Courses start in Term 4 after the Semester 2 Year 11 Exams.

The year 12 textbook list can be downloaded from the below link:

https://www.margaretrivershs.wa.edu.au/download/12842/

Thank you for supporting our school.

Kind Regards,

Cristina Oliveira

Manager Corporate Services



Cert II Outdoor Recreation



On Tuesday 14 - Thursday 16th August, the Year 11 and 12 Certificate II Outdoor Recreation students completed their canoeing and rescue practical assessments at the Margaret River Weir. As the Blackwood River levels were very high we had to re-locate the assessments to the Margaret River due to safety and the inability to run our assessments on the swollen river.

The Margaret River provided a good venue to demonstrate basic canoe paddling for the year 11s and extensive rescue assessments for the Year 12s.

This has been the final assessment for the Year 12 students who have completed two years of Outdoor Recreation training and assessment. We would like to commend the year 12s for their application over multiple disciplines, the practical skills they have developed and the leadership they have provided in the outdoor environment. We wish them all the best for the adventures they will take in the future.

Stuart Kupfer-Hollis/Sue Buckland

Outdoor Recreation MRSHS



2018 Volleyball WA Indoor High School's Cup

On Friday 24th and Saturday 25th August, the Margaret River Senior High School Open Boys and Girls Volleyball Teams travelled to Perth for the 2018 Volleyball WA Indoor High Schools' Cup. School teams travel from around the state, metro and country from both the public and private sectors to compete in this annual event.

Our 2018 teams came together twelve months ago and have been training regularly early mornings and playing in local competitions since, representing the school at Volleyball WA Beach Volleyball Schools Cup in March and Country Week in June. A number of players have been part of the program for the past 2/3 years.

The hard work paid off with both the boys and girls teams coming away with very competitive performances in the Open Honours Division. MRSHS competed against teams from elite volleyball programs such as Rossmoyne SHS, Mercedes College, Aquinas College, St Stephens Carramar Campus; schools that also compete in the National Schools Cup in Melbourne and are made up of current state and national players.

This is the first time MRSHS has competed at this level and although neither team advanced to the finals stage, opposing teams were genuinely caught by surprise at the competitive level of play displayed by our teams.

Special thanks must go to **Kody Hooson** (an ex student and MRSHS volleyballer) who has gone on since graduating to represent WA in both the indoor and beach forms of the game and has attained high level coaching qualifications and worked closely with Volleyball WA. Kody has taken on roles in coordination of the National Junior Beach Volleyball Championships and just come back from the US where he was invited by the American Volleyball Association to assist in organisation and coordination in events over there.

For the past three years Kody has given his time (about 700 hours) to train the boys and travel with the boys to events. Kody receives no payment for his services and for events like Country Week and High School's Cup he travels with the team forfeiting wages in the process. An absolute Legend!

He will be sorely missed as he is moving to Perth to pursue his volleyball passion playing and coaching and has been invited back to the US the next Summer for further opportunities over there. We have been extremely fortunate to secure his services as long as we have.

Thanks also to Brodi Read (MRSHS HPE teacher) who travelled with the teams and the school's Student Health and Well-Being Committee for providing funds to subsidise the costs of this latest competition. The students involved and coaches sincerely appreciate the support.

Stuart Kupfer-Hollis

Volleyball, MRSHS

	Girls Volleyball Team	Boys Volleyball Team	
Year 12	Matilda Kawiti (Capt), Julia Griffiths, Janaya Beddow, Mackellar Field, Georgia Gillam	Ben Hopkins (Captain), Max Ablett, Hudson Spooner, Jykia River, Zac Thomas, Nick Liebenberg, Sunny Kemp	
Year 11	Arabelle Gibson, Tayla Mitchel	Jack McFerran	
Year 10	Chelsea Kawiti		
Year 9	Tess Hopkins		



2018 Volleyball WA Indoor High School's Cup Cont...



YOH Fest Bunbury Congratulations to Our Amazing Team!







Schools from Australind SHS, Bridgetown HS, **yh**fest Dalyellup College, Grace Christian School, Kearnan

College, Margaret River SHS and Newton Moore SHS went head to head and performers give their all.

This year's theme was "Pushed to the Limit". Everything and everybody has a limit. Relationships, the environment, comfort zones...the list is endless.

Sometimes it is good to push the boundaries but what happens when we go so far that a breakdown occurs? Will this lack of care catch up to us?



YOH Fest Bunbury Congratulations to Our Amazing Team! Cont...

Huge congratulations must go to Amanda Gradisen (Dance specialist) and the 77 students who were responsible for our amazing Dance performance at this year's Youth on Health Festival (YOH Fest) at the Bunbury Entertainment Centre on the 15th of August.

Collaboration between Amanda and her students led to an 8 minute dance entitled "CONNECT; by Connecting We are Stronger". Comprised of dancers from Years 7 to 10 the performance explored the difficulties of the teen years and the benefits of community links and healthy relationships. Separate focus areas were explored by each year group and then each dance combined to form a piece that won Merit for "Disciplined Large Troupe Performance" and "Vibrant Costuming".

The project asked students to explore the impact of emotions, social media, self-motivation and the importance of sleep through creative movement. The result was a spectacular piece that called for commitment and courage from all involved. Hours and hours of rehearsals took place outside of school time. Staff and students worked together to ensure all production elements were of a very high standard.

Supported by Engagement and Enrichment funding this is the second YOH Fest experience our dancers have enjoyed and the troupe has grown dramatically. Thank you to Sunny Hardy and Bettina Pretsel for their work on this event. On behalf of our school community I would like to thank Amanda Gradisen for the talent, energy and many hours of goodwill she offered to create and coordinate this large scale Arts event!





Arts News



MUSIC SOIREES

In Week 7 the Year 10, 11 and 12 Music students presented the Senior School Soiree in the auditorium. This event offered the audience innovative performance work from the Senior Guitar Ensemble along with individual items presented by each Upper School Music Student. Facing a panel of markers and a large audience the students performed exceptionally well. Thanks to Isabelle Lemon, Michelle Spriggs, Tony Lane, Elodie Short and Gemma Berry for the excellent tuition that supports these talented students.

This week younger musicians took to the stage. Wednesday and Thursday evenings the auditorium was packed with family and friends to support the Lower School Soiree. Students presented work that all ensemble groups and classroom bands had been busy preparing over the term.

Tony Lane, Michelle Spriggs and Sunny Hardy lead their students in outstanding ensemble items and Isabelle Lemon coordinated all aspects of these concerts offering this wonderful opportunity to showcase student work.

I would like to extend a warm welcome to School of Instrumental Music Teacher Gemma Berry who will teach classical guitar and conduct our Senior Guitar Ensemble while Bruce Godden is on leave for the second half of the year.

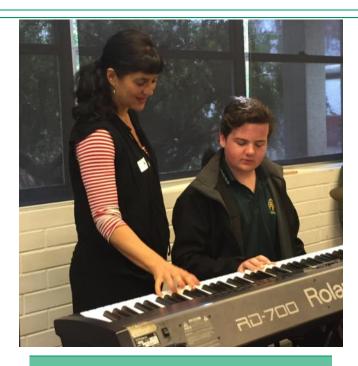
MEM MCCORMACK
HEAD OF ARTS





YR 10-12 DRAMA PERFORMANCE

Congratulations to the Year 10, 11 and 12 Drama students who presented their original plays to family and friends in our Drama Performance Evening last Wednesday night. Creating and staging a play from scratch is a challenging project and I was very proud of the entertaining, complex work that was showcased at this event.



YR 10-12 DRAMA PERFORMANCE

On Monday in Week 7 musician Monique Dimittina worked with all of our lower school Music students on their practical performance work and presented a lunchtime concert for our entertainment.

In Week 6 Actor/Director Andy King made his annual visit to our school to work with Upper School Drama students in preparation for their practical exams.

2018 MRSHS Year 11 Workplace Interviews

As part of the Year 11 Career and Enterprise Course, all Year 11 students attend a mock interview to gain experience in the process of preparing and attending an interview and to gauge their readiness for the workplace.

Students prepared a letter of application, resume and portfolio for the interview and were interviewed and assessed by a panel consisting of one staff member from the MRSHS Career Centre and a member from the community.

Congratulations to the 74 students who participated in the interview process.

We would also like to sincerely thank the following community members for their time,

enthusiasm and professionalism to help make this a rewarding experience for our students.



First National Margaret River

Megan Booth

Margaret River Education Campus

- Gita Hoffman—Ketharantha
- Charlotte Newton
- Fiona Taylor

Augusta Margaret River Shire

- Jackie Dickson
- Chris Wenman

Settlers

Louise Sheridan

Westpac

Cassandra Adams (pictured above)

Target

Sam Risk

Margaret River Senior High School

Corien Ridley

Landmark Southern Ag Services

Ken Wrigglesworth

Stocker Preston

Alana Dyer

The Apprenticeship Training Company

Steve Reynolds

Childrens Centre of Margaret River

· Christine Gumpold

Cronin Communications

Phill Cronin

Devaleski Trading

• Deb Spencer-Smit



Feedback from External Interviewers – Year 11 Employment Readiness Interviews 2018

"I really enjoyed the process and it was a pleasure to meet the students. We can all relax - because the workforce of tomorrow is very well prepared!!"

"The students were terrific and filled me with great hope for the future".

"fantastic opportunity for students to prepare themselves for what essentially is exactly what will happen in the majority of job applications and interviews".

"Great, friendly, polite students all interested and enthusiastic".

The Career Development Centre Margaret River Senior High School

HASS & LANGUAGES NEWS









YR 9 & 11 HASS EXCURSION

On Tuesday, 21 August, 42 selected Year 9 and the eight Year 11 Politics & Law students travelled to Perth to visit the Western Australian parliament and the Perth District Court. The students gathered outside the high school in the dark at 5:45 am and returned when it was dark again at 7:45 pm. They were divided into two groups that each visited the two institutions in reverse order. At parliament, the groups were greeted and accompanied by Hon. Dr Steven Caldwell Thomas MLC, member for the South West region. The Francis Burt Law Education Programme (FBLEP) included a re-enactment of a court case inside the historic Old Court house as well as a visit to the District Court. Lunch was planned to be a shared experience at the ANZAC memorial at King's Park, but unfortunately, heavy rain stopped the students to pose for a group photo there. The school's Enrichment and Engagement programme helped fund the excursion. A special thank you goes to our bus driver Craig, who had to repeatedly find the quickest way through the city to go from the Supreme Court to parliament and back. A huge thank you also goes to the staff members Corien Ridley, Chantelle Menzies and Alex Temby for their massive fourteen hours work commitment.

EVATT TROPHY SUCCESS

On Friday, 31 August Maia Sheridan-Hulme, Sam Iles, Ruby Fox and Sasha Hughes participated in the State Final of the Evatt Trophy political debating competition in the Western Australian parliament house. The four students were well prepared and full of enthusiasm (though a bit nervous as well) and competed against seasoned Politics & Law students from Perth schools that were quite familiar with each other. Maia, Sam, Ruby and Sasha reported that the day was very educational and highly engaging, but exhausting. They debated international law for nearly seven hours and were given a tour of parliament.



SCRAM SUCCESS

The Margaret River High School Conflict Resolution and Mediation (SCRaM) team celebrated another success this term. The team received the Encouragement Award for the second time.

The 15 Year 9 & 10 students were recognised for their consistent effort in learning about mediation and their involvement in the Law programme. Several segments of the video recordings the students produced have been shown to prospective mediators. Well done to all!







STUDENT COUNCIL

The third student council fundraiser this year was a sausage sizzle to raise money for Worldvision. The students forwarded a total of \$315.45 to Kathryn Seisun. A great effort by all! Special thanks go to Gary Stacey, our grounds person, for his incredible support of the event. He organised the BBQs, set up and cleaned up again.

HASS & LANGUAGES NEWS Cont...





SINK OR SWIM AT MRSHS

The record winter rainfalls had its effect on MRSHS. Water was everywhere, including inside some classrooms.



LANGUAGES

Margaret River SHS Languages students were among the top students in the recent Western Australian Languages competition. French student Oscar Anda achieved the Emerald Award. The other medal winners were Thomas Dare (German) and Jerry Barr (German). Margaret River SHS was the top Western Australian school in German, beating Perth Modern by 2000 points. It is an absolute delight to have such a dedicated group of second language learners at this school. Well done to all!

VOICE PUBLIC SPEAKING WORKSHOP AND COMPETITION

This fantastic opportunity for students to learn and practice public speaking skills is now open to all students. If you are interested, please contact Patrick Marzohl for more information.

PATRICK MARZOHL
LANGUAGES TEACHER

Surfing News

2018 REGIONAL SUNSMART SCHOOL SURFING TITLES



The 2018 Regional Sunsmart School Surfing titles was held on the 16th August at Huzzers in Gracetown. It was a wet and windy winters day but the waves were good and allowed surfers to demonstrate their abilities. MRSHS surfers dominated the event and secured a win for the school in the South West division. See results to the right. Winning teams went on to compete in the State Surfing Titles - see next page

<u>Surfing</u>		
Junior Boys	Junior Girls	
1 st Jed Gradisen & Sol Pogue- Englert	1 st Zali Hewson & Lilli Cox	
2 nd George Simpson & Jahnu Packer	2 nd Ruby Wilcox & Milla Clifford	
Senior Boys	Senior Girls	
1 st Ben Gradisen & Finn Cox	2 nd Arabelle Gibson & Jamaica Selby	
2 nd Jay Robinson & Danny Benedetti		

Body Boarding				
Junior Boys	Junior Girls			
1 st Matt Jordi & Max McGregor	1 st Zali Hewson & Lilli Cox			
2 nd Ziggy Bullock & Andreas Nikulinski				
Senior Boys	Senior Girls			
2 nd Holden Ross & Brock Launders	1 st Arabelle Gibson& Jamaica Selby			

INTERNATIONAL REPRESENTATION





Danny Benedetti was recently selected on the Italian Junior National surfing team which competed at the European Junior Surfing Championship "**EuroSurf Junior 2018**" in Santa Cruz, Portugal. Danny competed in the U14 division against 16 other nations and a total of 32 surfers. He finished 8th in his division, an excellent result. Well done Danny on this outstanding achievement.

State Surfing Titles 2018: MRSHS Claims 13th Straight Title!

The Margaret River SHS surfing team travelled to Perth to compete in the Sunsmart School State Surfing Titles on the 31st August. A still day with surprisingly good waves greeted competitors on the Friday morning. Some outstanding surfing from our students saw them progress through the competition and into the finals. Margaret River SHS once again won the schools surfing title with all team members contributing to the win. Special mention to Arabelle Gibson, Jamaica Selby, Lilli Cox and Zali Hewson who competed in both the bodyboarding and surfing divisions. The students conduct in and out of the water did our school community proud. Well done Team!!

Margaret River Senior High School has once again stolen the show at the State Final of the SunSmart WA School Surfing Titles, claiming an incredible 13th consecutive Champion School victory.

Teams of surfers and bodyboarders from 27 different regional and metropolitan high schools converged on Trigg Beach yesterday to decide who would be crowned Western Australia's Champion Surfing School for 2018. Trigg Beach provided clean and highly contestable 1-2 feet surf, as the state-wide search for WA's best surfing school's concluded in style.

The State Final brought together the best performing schools who qualified through 10 regional and metro qualifying events over the past two weeks. Over 100 students from Geraldton, Esperance and everywhere in between represented their high school with great gusto in an event series that promotes surf and bodyboard participation in the modern curriculum.

The SunSmart School Surfing Titles provides a unique stepping stone for secondary students to reach the pinnacle of the sport for their age group, the Surf Dive 'N Ski Australian Junior Surfing Titles which is set to be held in South Australia in December. For surfers a win yesterday would guarantee them a spot into the National Titles and the chance to compete against the best surfing schools from across the country.

Margaret River Senior High School displayed their depth of talent by reaching six of eight divisional finals and winning three of the four surfing divisions.

Full details found at: https://www.surfingaustralia.com/states/wa/news/margaret-river-shs-claims-13th-straight-win-at-the-sunsmart-school-surfing-titles-state-final

2018 SUNSMART WA SCHOOL SURFING TITLES - STATE FINAL RESULTS for MRSHS STUDENTS:

Champion School: Margaret River Senior High

Snr Boys Surfing Champion School: Margaret River Senior High (Ben Gradisen & Finn Cox)

Jnr Boys Surfing Champion School: Margaret River Senior High (Jed Gradisen & Solomon Pogue-Englert)

Jnr Boys Surfing Runner-Up School: Margaret River Senior High (George Simpson & Jahnu Packer)

Jnr Girls Surfing Champion School: Margaret River Senior High (Zali Hewson & Lili Cox)

Snr Girls Bodyboarding Runner-Up School: Margaret River Senior High (Arabelle Gibson & Jamaica Selby)

Jnr Boys Bodyboarding Runner-Up School: Margaret River Senior High School (Max McGregor & Matt Jordi)

Jnr Girls Bodyboarding Runner-Up School: Margaret River Senior High (Zali Hewson & Lili Cox)

Air Asia air of the day – Finn Cox Air Asia wave of the day – Ben Gradisen



Year 7 & 8 Lightning Carnival

On Thursday 23rd August we had over 200 staff and students travel to Bunbury to participated in the 2018 South West Year 7 & 8 Lightning Carnival held at Hay Park, Forrest Park, South West Sports Centre, Eaton Recreation Centre and Bunbury Indoor Volleyball. We had our largest team number ever to attend the event including AFL Boys (2 teams), AFL Girls (AFL Boys & Girls Squad photo attached), Basketball Boys, Basketball Girls, Mixed Hockey, Netball, Soccer Boys, Soccer Girls, Touch and Volleyball Girls, playing against other schools in the South West School Sport Association.

Students committed regularly to training sessions that included sessions during lunchtimes and after school. I would like to congratulate all students in the 2018 Year 7 & 8 Lightning Carnival teams and hope to see all participants involved again in 2019. Included in our student group were student coaches, umpires and officials who provided valuable support to teams throughout the day. Special mention goes to our Parent Coaches, Maxine Williams (Mixed Hockey) and Andy Longmore (Soccer Girls), who invested their time into preparing and coaching their teams on the day. Also to our staff members; Bettina Pretsel, Berin Sluiter (AFL Boys), Sandy Roberts (AFL Girls), Zac Durkin (Basketball Boys), Amanda Gradisen (Basketball Girls), Brodi Read (Netball), Sue Buckland (Soccer Boys), John Andrews (Touch) and Stuart Kupfer-Hollis (Volleyball Girls); for their dedicated support and expertise. We now shift our focus towards the Year 9 & 10 Winter Sports Carnival scheduled for Wednesday 19th September 2018.

Shane Joyce

HOLA Health and Phys Ed



Year 9 Explorus High Ropes Excursion

On the chilli spring morning of Friday 24 August the Year 9 Roping class embarked on their excursion of climbing amongst the Karri trees to complete the High Ropes Course at "Explorus" in Karridale.

The High Ropes Course offered the students a series of challenging activities whilst retaining a focus on the team with whom they worked.

The students faced some personal challenges by moving through a network of wires, bridges and swings 9-12m above the ground. Their team mates were required to maintain the safety systems of



Year 9 Explorus High Ropes Excursion Cont...

belaying and effective roping skills. All staff agreed the students were accountable, safe and showed exemplary roping skills.

The three main philosophies of the High Ropes Course were; *Challenge by Choice, No Put Downs and Taking Personal Responsibility for your own Decisions and Actions*. These allowed every student to choose their own level of challenge and personal growth as well as develop effective communication within their team. The students learnt more about themselves, more about others and more about the natural environment.

Thank you to Nicky and her Explorus Team for providing an exciting and challenging day for us all.

Mrs Sue Buckland



Waterwise







Look for the WELS label When buying a new appliance like a dishwasher or washing machine look for WELS 4 star or above. The more stars the appliance has the more efficient it will be, and the less water it

AWATER EDUCATION

The water works committee has been pretty quiet recently as there were many other activities going on during the 2 weeks of science week.

The water meter data logger installed by the Water Corporation has been broken down since the July school Holidays. This is a great shame as it would have been interesting seeing any changes with all the building works.

Welcome to Mr Matt Johnston our Science and Career Teacher who has joined the Waterwise team. Mr Johnston is a keen biologist and environmental scientist and has lots of great ideas for future projects. We have purchased some previously loved couches to spruce up the meeting room which the Water works

and waste wise students now share.

We have installed two new rain gauges at either end of the school which the students are monitoring. We have borrowed some water testing kits from the Education Loan Pool in Perth and are undertaking tests over the next 3 weeks on water sourced from different water fountains around the school, clean rainwater collected at school and purchased bottled water. Check out the next newsletter for the results.



Water Testing Kits on loan

Year 8 Metalwork



MAGIC MAGNETS

Many Margaret River fridges are decorated with shiny new magnets due to the creative efforts of year 8 metalwork students.

students brainstormed ideas and The planned their designs usina copper enamelling. They carefully placed and heated multiple layers of fine glass powder to form a colourful final design.

Through the task students improved their design skills, learnt to carefully plan the order and colour of each layer of glass, and worked efficiently in the workshop.



LASER CUTTING

Year 7 metal work students were some of the first to use the school's new laser cutter. The students worked with Adobe Illustrator to design dog tags and key tags, which were then cut in small batches. Through the process students were introduced to commercial design tools and automated production techniques, providing a good foundation for high-tech jobs of the future.

The laser cutter was partly funded through the MRSHS Enrichment and Engagement program and is being used across Design and Technology classes. It can be used to cut most plastics, wood, paper, foam and card, and can etch onto glass and some metals.

Year Year 9 Food Technology



















"CHEESE YOUR OWN CREATION COMPLETION"

Students involved in the Year 9 Cooking course this semester have been busy designing and making their own recipes using dairy products as the main ingredient. As part of the "Cheese Your Own Creation—Dairy Australia" program, students had the task of incorporating a dairy product in a recipe that they could prepare in their class.

Through the programme students gained an understanding of the dairy industry, the nutritional value of its products and the importance of the dairy industry to regional economies; all while having lots of fun in the kitchen.

The "Cheese Your Own Creation" program involves hundreds of students and teachers from 50 schools across Australia. The student's recipes and a photo of them with their "cheesy" creations will be sent to Dairy Australia, with 12 lucky recipes selected for inclusion in the 2019 Warrnambool Cheese & Butter Calendar.

Winners will be announced in October; so fingers crossed for students at Margaret River Senior High School and all their hard work.

Science News

SCIENCE CAFÉ IN CONJUNCTION WITH UWA

Six Year 10 budding scientists were lucky enough to attend Science café, held at UWA on Thursday 23rd of August. It was an early start, departing school at 5.30 am, but a well worth day was had by all.

Science Café provided an opportunity for students to network with STEM (Science Technology Engineering and Maths) professionals and tertiary students over morning and afternoon tea. Over 70 STEM professionals attended, representing various disciplines from universities, government and industry.





Science News Cont...





PULLEY SYSTEMS

Students in Mrs Kupfer-Hollis year 10 group put some elbow grease into it when they took part in a pulley system demonstration in the science foyer. They tested the difference in ease of use between single and multiple pulley systems. Pulling each other up on the pulley chairs they quickly found out the easy way and the hard way!



THE MAGIC OF DRY ICE

Mr Smith's students experienced the wonders of dry ice with magical floating bubbles and spooky vapour. The class ended with a bang when they witnessed the force of a popping plastic soft drink bottle which contained a small amount of dry ice.







YR 8 3-D CELL MODELS

Year 8's recently completed a biology assessment where they each constructed a 3-D model of a cell. The cell could be plant or animal and was constructed from household items. They were assessed over three areas: scientific accuracy, artistic merit and visual impact. The enormous effort students put in was obvious, with an amazing array of original and interesting models produced. These are on display in the science labs. Brilliant work.



MAKING MUSIC

Ms West's year 9 class were investigating sound. They constructed an assortment of musical instruments from everyday materials and modified them to see how they could alter the sound. Students were very enthusiastic and musical talents were unearthed!

Science News Cont...



SCIENCE WEEK ACTIVITIES

Science week saw the science area become a busy hub of activity for not one but two weeks. Activities were generously coordinated by Miss Corr and Lisa Chandler and supervised and assisted by the science teachers.

Week one was a lunch time film festival with Scinema screenings each day. Scinema is an annual festival of international short science films. The most popular film of the week, named "Irony" was about social media and produced by a Perth Modern School ex student.

A HUGE thank you goes to Bunnings for loaning us their popcorn machine again this year. We made hundreds of bags of popcorn over the week for students to munch on whilst they avoided the stormy weather outside and watched the films.

The second week activities were also enjoyed by many students who made "No Sew T shirt Tote Bags", bath bombs and upcycled planters. The two weeks of activities were an enormous success.

Equestrian Australia Marcus Oldham Interschool Championships



Year 9 student's Jessica Ridley and Lily Martin, will be heading to Werribee, Victoria on to represent their school and Western Australia at the Equestrian Australia 2018 Marcus Oldham Australian Interschool Championships being held on the 2nd to 5th of October. There will be 373 riders and 396 horses from around Australia at the competition, the largest event either of the girls have attended.

The primary objective of Equestrian Australia is the development of horse sports from the participation level to the high performance level. Interschool comprises a competition and educational pathway for young athletes to participate in equestrian sport during their primary and secondary school years. It is the largest equestrian grassroots program delivered nationally in Australia.

Disciplines that riders compete in are the Olympic sports of Dressage, Show Jumping and Eventing along with the national disciplines of Show Horse, Show Hunter and Combined Training.

Jessica and Lily will be both competing in the Dressage and Show Horse competition, part of the 43 riders representing WA over all disciplines. The girls were invited to be on the team after successfully competing at the WA State Championships held in Perth in the April school holidays. Jessica competed with her horse CP Balmain and Lily with her horse Bramley Entourage at the WA event but both riders will be utilising pool horses over in Victoria.





Jessica Ridley riding CP Balmain

Lily Martin riding Bramley Entourage

Recycling Initiative

What a waste! New Recycling Initiative at MRSHS

We send more and more rubbish 'away' to

landfill every year. There is no 'away'. Everything ends up somewhere and we are all

responsible. Throwing stuff away is not just a case of 'out of sight, out of mind'. Most of the stuff that we throw away takes quite a while to decompose. In fact, some of the stuff that we throw away will be around for much longer than any of us.

Have a look at how long the 'rubbish' on the list below will be around for before it has fully decomposed:

- * Paper 2.5 months
- * Orange Peel 6 months
- * Milk Carton 5 years
- * Cigarette Butt 10-12 years
- Plastic bag 10-20 years
- * Disposable nappy 75 years
- * Tin can 100 years
- * Beer can 200-500 years
- * Styrofoam Never
- * Glass bottles and jars Never

More waste facts

- Every year the average Australian family produces enough rubbish to fill a three-bedroom house producing about 2.25 kg of waste each per day.
- * Worldwide, nearly 3 millions tonnes of plastic are used to bottle water every year.
- * Overall Australians threw away \$2.9 billion of fresh food
- * Australia is one of the highest producers of waste per head of population in the world.
- * It is estimated that over 13,000 pieces of plastic litter are floating on every square kilometre of ocean surface.

Pretty Horrendous right?!

What is MRSHS doing about some of these shocking statistics? Ms Corr, Ms Campbell and a group of enthusiastic students have implemented plastic, glass and metal recycling at the school to try and reduce the amount of recyclable material ending up in Landfill.

MRSHS are now the proud owners of 14 new recycling bins that have been placed all over the school. They have been strategically placed beside general rubbish bins. Now all plastic bottles, empty yoghurt pots, drink cans and bottles, paper sandwich bags etc. can be disposed of in these bins.

Coming in Term 4

We hope to be able to provide at each bin station an organic waste bin, for all uneaten food and somewhere to recycle soft plastics e.g. crisp packets etc.

We are also conducting a waste audit in week 10 so that we can give everyone an insight into some of the things we are throwing away that should really be recycled!

PLEASE HELP REDUCE OUR WASTE BE A PART OF THE SOLUTION, NOT PART OF THE PROBLEM

IF YOU WOULD LIKE TO JOIN OUR WAR ON WASTE AT MRSHS PLEASE SEE MS CORR OR MS CAMPBELL. IT'S

A WONDERFUL OPPORTUNITY TO BE INVOLVED IN THE SCHOOL COMMUNITY.



CALM

MRSHS SchoolTV—Digital Wellbeing Platform for Schools



CONNECTING . INFORMING . EMPOWERING



"As a parent you'll now have access to a cross section of information from many of Australia's leading experts. All available here in one easy to follow resource on your smartphone, tablet or laptop."

The latest edition of SchoolTV is now available!

This month on SchoolTV - Sleep

Students today have extremely busy schedules, with ever increasing responsibilities at school and at home. Many kids, especially adolescents, are going to bed later and later and are at risk of sleep deprivation. This affects three areas of a child's development: psychological, physiological and psychosocial. All three are essential to a child's growth, learning ability and overall wellbeing. Sleep is vital to a child's overall health and is as important as diet and exercise.

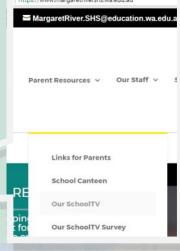
Sleep also strengthens a child's immune system and supports their ability to function properly on a daily basis. Children who do not get enough sleep show increased levels of aggressive behaviour, are less attentive and are

much less active. Trying to catch up on sleep on weekends is not the answer and can still lead to severe sleep deprivation.

In this edition of SchoolTV, parents will learn about the importance of sleep and how sleep deprivation can have adverse effects on a child's health and wellbeing. We hope you take time to reflect on the information offered in this month's edition and we always welcome your feedback.

If you have any concerns about your child, please contact the school counsellor for further information.

Here is the link to this month's edition http://margaretrivershs.wa.schooltv.me/newsletter/sleep



THIS MONTH:

Sleep

How does sleep deprivation affect a child's development?



CONNECTING • INFORMING • EMPOWERING

One Drive and Office 365 Online Apps available to all students!

In addition to home installation of Office products the Department of Education has now rolled out online versions of the Office apps: Word, PowerPoint, Excel, Sway, Forms, One Note and Class Notebook. In addition to this all students now have access to 100GB of online Cloud storage with One Drive. These are all web-based apps and require an internet connection.

To access their One Drive and other Online apps Students should do the following:

Log onto Connect with their school username and password

(connect.det.wa.edu.au)

Click on the Email and Calendar link

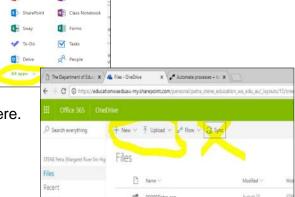


Click on Email and Calendar

Click on the app launcher (the boxes) in the top right corner

Click on the One Drive option (or other app)

 Students can now click on the **Upload** button and upload their files to the online storage – or drag and drop them here.



C Secure https://outlook.office.com

→ Folders

Apps

⊕ New | ∨

Inbox
Next: No events for
Connect Notifi

Hi Petra, New Notic

This means easy file management between home and school – rather than relying on USBs.

Students also have the option of sharing files with other students or teachers;

they can select their file in
 One Drive then click on
 Share then type in the name of the teacher or student

 or copy the link and send that



For more help with One Drive and the Online apps please email Petra.Stene@education.wa.edu.au or call ph 97570722

Thanks

Petra Stene ICT Coordinator



TUNING IN TO TEENS Parenting Workshop

A FREE SIX SESSION PARENTING PROGRAM FOR PARENTS/CARERS OF CHILDREN OF AGED 11-16

WOULD YOU LIKE TO LEARN HOW TO

- OLD YOU LIKE TO LEARN HOW TO.

 Communicate with your teen more effectively?

 Help your teen manage those difficult emotions?

 Help to prevent behaviour problems in your teen?

 Teach your teen how to make friends and deal with conflict?

 Help your teen develop emotional intelligence?

RESEARCH HAS SHOWN THAT ADOLESCENTS WITH HIGHER EMOTIONAL INTELLIGENCE

- Have better concentration at school
 Are more able to cope when upset or angry
 Have fewer mental health and substance abuse
 Have more stable and satisfying relationships? se difficulties

EMOTIONAL INTELLIGENCE MAY BE A BETTER PREDICTOR OF ACADEMIC AND CAREER SUCCESS THAN IQU

Where: Margaret River Senior High School - Student Services Office

6 consecutive Monday's beginning 22^{nd} , 29^{th} October; 5^{th} , 12^{th} , $19th \& <math>26^{th}$ November, 2018When:

5.30 – 7pm

Cost: FREE (places limited)

Facilitator: Kerry Hawkins & Angela Ramirez (Co-Facilitator)

08 9757 0713 (Mon/Tues only) or Email: angela.ramirez@education.wa.edu.au











And in summer it is true t fluid
All the green lawn surpress in the morning
volte this alone pattern, of what open summer.
The ensigner, where there the trees of the old o
Analone in considiating to the can when is lies
this way will find now strongth to put out of

Peter Cowen Writers Centre Inc. (not for profit organisation) Edith Cowen House Building 20 ECU Joondalup Campus 270 Joondalup Drive Joondalup 6027 Postal Address: PO Box 239

Peter Cowen Writers Centre Inc

2018 Glen Phillips Poetry Prize Competition

Entries Close: 19th October 2018

The Glen Phillips' Poetry Prize has been established in recognition of Professor Glen Phillips; a Life Member at our Centre, our Edith Cowan University Liaison, PCWC Committee Member and a longstanding supporter of the Peter Cowan Writers Centre Inc. Glen's poetry has been widely published in anthologies, journals and newspapers throughout Australia and internationally.

Poets are now invited to submit entries for this year's competition Entries must be unpublished works, and not have won prior recognition

Maximum 50 lines per poem LINE LIMIT:

THEME: AGE: Open

ENTRY FEE:

PRIZES: 1ª prize \$200 2ª prize \$100 3ª prize \$50

Novice Writer Award \$50

Judges' Encouragement Award for Youth (12-17 years) \$50

Four x Highly Commended Certificates

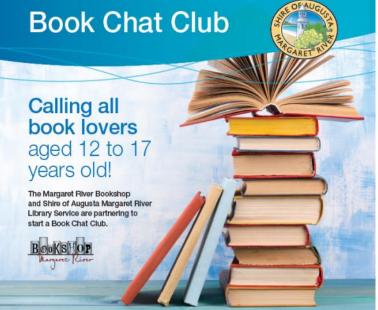
Fourx Commended Certificates

\$10.00 each entry \$20.00 for three entries \$30.00 for five entries Youth entries (12-17)\$5 per entry

CLOSING DATE: 19th October 2018 AWARDS DAY: 17th November 2018

Please see the website for more details: http://pcwc.org.au/ competitions/2018-glen-phillips-poetry-prize-competition/

Contact Peter Cowan Writers Centre on (08) 9301 2282 or e: cowan05@bigpond.com for any queries



What is a Book Chat?

A group for people aged 12-17 who are enthusiastic about books. Each month we will chat about what we have read and give revie and recommendations for other members of the

There will be prizes for best review of the month and even free snacks provided for the session

bookshop staff member or Librarian to assist in great book discussions.

Dates, time and location

4.30pm-5.30pm Margaret River Library Last Monday of the month

26 February 2018 30 July 26 March 30 April 27 August 29 October 26 November

Contact the library on 9780 5600 for more information or visit amrlibr

School Holiday program 25-28 September



Love drawing, making, designing things? Interested in shaping the future of our environments?

Curious about what it would be like to study architecture, fine arts, landscape architecture, or history of art at UWA?

Register for one or more of our interactive

The week will conclude with an exhibition of work produced by workshop participants.
Unless otherwise noted, workshops are suitable for ages 13 and up.

Register online:

Enquifies: Email: <u>admin-desian@uwa.edu.au</u> Website: <u>www.alva.uwa.edu.au</u> Phone: 6488 2582



y 25th 9,30-12,30 d skills development and sensory titon in drawing (Specially for ages 7-12) a range of drawing approaches, ques and materials, and discover how much Explore a range of dro echniques and mate un creativity can be.

Tuesday 25th 1.00-5.00

Radical printmaking: Zines to silkscreens
This 4-hour hands-on workshop focuses on the basics of expressing your ideas through 'radical' printmaking techniques. Methods covered will range from printing Zines to creating your own silkscreened posters, t-shirts, and bags.

Tuesday 25th 2.00-5.00

Desaday 25th 200-3,00 Drawing foundations and experimental drawing Explore practical, conceptual and experimental approaches to drawing. (Ages 13+)

Nednesday 26th 9.30am-4.30pm

Architecture through model making
This workshop invites you into the world of
architecture through model making. Create 3
built forms using card, paper, timber and mor

Wednesday 26th 9,30am-1.00pm Product Design and Making Take this design-and-make workshop to fabricate take-home timber products etched with logos of our own design

Wednesday 24th 10.00am-1.00pm Near your own DNA Jsing blo-art techniques, make a piece of jewellery rom your own DNA!

Thursday 27th 9.30am-12.30pm
The slory art of the graphic nove!
The Graphic Nove! (or comic) is an adaptive and
expressive medium for starytelling used extensively
around the world. This workshop will introduce
participants to the poetics of the medium and give
them a hands on approach to creating a visual
narrative from a supplied passage of text.

Thursday 27th 2.00-5.00pm How to ... change the world through exciting How to ... change the world through exciting careers in the Arts
Take a tour of UWA art galleries and go behind the

Thursday 27th 2.00-5.00pm

Thursday Z/m².20-5.00pm Landscapes for the future What big ideas and practical solutions do our cities need to be vital places for us in the future? Take part in this workshop to experience the key role of the landscape architect in designing our

cenes to discover where a career in art can take you and how to get there.



Achieve your best with Academic Group!

Yr 11 & 12 Programs

Holiday Revision and Exam Boost Seminars

ATAR Exam Boost Seminars Weekends in Term 3 and 4

One day courses opular with students wanting subject specific, targeted exam help before their Mock and ATAR Exams. Classes pack in six hours of exam focused teaching from an ATAR marker to boost exam performance. Students will receive feedback on their work and learn strategies to improve marks.

Dates: Term 3 & 4 on Saturdays and Sundays *View timetable online.*

Time: 6 hours

Venues: Churchlands SHS, Rossmoyne SHS, Perth Modern School.

rol Online: www.academicgroup.com.au

ATAR Holiday Revision Programs Term 3 School Holidays

10 hour courses, perfect for students wanting revision of their ATAR subjects and review of topics in preparation for exams. Increase your understanding and receive fresh insights.

Early bird discount: Enrol with full payment by Monday 3rd September and receive 10% discount. **Dates:** Week 1 & Week 2 Term 3 School Holidays

View timetable online.

Time: 10 hours (2 hours each day/5 days)

Venues: Churchlands SHS, Rossmoyne SHS, Perth Modern School & University of WA (UWA).

Enrol Online: www.academicgroup.com.au



Upcoming Events

Find out more and register now at notredame.edu.au/events

One-on-One Advice Sessions

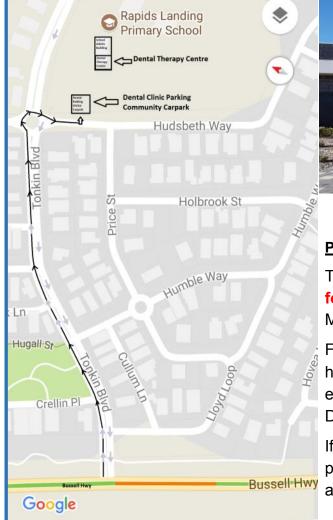
Make a time to meet one-on-one with one of our advisors and chat specifically about your study plans. Current students can take you on a Campus tour and share what it's like to study at Notre Dame. Undergraduate applications are due 28 September.

By appointment, 17-26 September Prospective Students Office, 23 High Street, Fremantle

Extended Hours @ Notre Dame

Need to ask a question or want to submit your application in person but have trouble getting to Fremantle during the week? The Prospective Students and Admissions Offices will be open on the Saturday prior to the application due date to help you with any queries you might have.

10am-2pm, Saturday 22 September





Rapids Landing Dental Therapy Centre

Phone: 9757 8211

The Rapids Landing Dental Therapy centre will be **closed for the School Holidays 24/09/2018** and reopening 8am Monday 8/10/2018.

For emergencies between 8am and 4pm during the holidays please phone 97544460 and for after hours emergencies please call 1800098818 or your Private Dentist.

If you wish to contact us and it is not an emergency please email -rapidslandingdtc@dental.health.wa.gov.au and we will contact you after the holidays..







TEEN HOLIDAY ART WORKSHOP

SUITBLE FOR AGES 10+

Celebrate spring, flowers and the feminine with bright colours and crafty fun to brighten up the long Winter. Use embroidery hoops, washie tape, paper straws, beads, yarn and learn how to make your own tissue paper flowers and tassels to decorate.

A contemporary twist on traditional Polish Folk Art of Pajaki (Paper Chandeliers) Wednesday 26th September

10am-12.30

Venue: Wash House Studio, Margaret River Community Centre, Tunbridge Street

Fee: \$40 materials and morning tea incl

Early Bookings
Essential as places
are limited.

KATE DUNN

AthR BA (Fine Arts) MA (Art Therapy)

043102022

E: ughdarell@hotmail.com



mrtennisacademy@gmail.com 0478 773 520



f O /margaretrivertennisacademy

10 WEEK LADDER

Can't always make it? THAT'S OK, the more you play, the more points to gain to PLAY IN THE

FINALS DRAW

TEAM GROUPS

JUNIOR Under 9's - 11's - 13's

> YOUTH 14+



JOIN MRTC www.mrtc.org.au



SOCIAL COMPETITION

round-robin singles & doubles matches

YOUTH LEAGUE

MONDAY - UNDER LIGHTS 6:30pm - 8:30pm

Starts Monday 8th October

JUNIOR LEAGUE SATURDAY MORNING

9:00am - 12:00pm

Starts Saturday 13th October

COST

\$5 per week / MRTC Members \$10 per week / Non-Members



2018/19 BASKETBALL REGISTRATIONS **ARE NOW OPEN**

REGISTRATION THIS SEASON IS ONLINE THROUGH SportsTG

The website to access online registration is -

www.margaretriver.basketball.net.au or the link http://bit.ly/MRBArego

Fees start at \$140 for the U11s, with the older divisions \$190 (this includes the Basketball WA affiliation fee)

AGE RANGES 2018/19

Open to all boys and girls aged 8 (age as at 31st December 2019)

AGE DIVISION	BORNIN	NORMAL DATE OF BIRTH RANGE	
Under 11	2009 & 2010	1/1/2009	31/12/2010
Under 13	2007 & 2008	1/1/2007	31/12/2008
Under 15	2005 & 2006	1/1/2005	31/12/2006
Under 17	2003 & 2004	1/1/2003	31/12/2004
Under 20	2000, 2001 & 2002	1/1/2000	31/12/2002

Grading for players will be Wednesday 19th September from 3:45pm for all U11 players, 4:30pm for U13 2008 players, 5:00pm for any new players to basketball.

Please get in contact with MRBA if you would like to Coach, Team Manage or Umpire this season, we would love to hear from you.

The season starts week one of term four. Registrations will close Friday 14th September, so get in quick!

All information will be kept updated on our website or Facebook page. You can contact MRBA via email; mrjuniorbasketball@westnet.com.au if you have any enauiries.



ioin us!

TENNIS SEASON 2018/19

WOMEN'S **PENNANTS** MEN'S

PENNANTS SOUTH WEST

> COACHING PENNANTS & LESSONS

> > LEAGUE

MIXED SOCIAL

TENNIS

SCHOOL HOLIDAY CLINICS MIXED

DOUBLES PENNANTS JUNIOR

JUNIOR TENNIS

> YOUTH LEAGUE

> > SUNDAY SESSIONS



GET RIVER

MARGARET RIVER TENNIS CLUB



(Jelcome OPEN DAY

SATURDAY 6th OCTOBER from 2:00pm

FAMILY FUN DAY

FREE

SOCIAL TENNIS & KIDS LESSONS

MUSIC . SAUSAGE SIZZLE . COFFEE VAN

• COME DOWN FOR A FREE SOCIAL HIT •



The Margaret River Tennis Club is the perfect setting to enjoy tennis, keep fit, relax and socialise. Facilities include a refurbished clubhouse decked verandah overlooking 12 plexipave courts. ALL LEVELS, AGES AND ABILITIES WELCOME.

INFORMATION & DATES ON THE WEBSITE info@mrtc.org.au www.mrtc.org.au