



MARGARET RIVER SENIOR HIGH SCHOOL NEWSLETTER

8th March 2017

DATES FOR YOUR DIARY

Tues 7th & 8th Wed March -

Yr 9 High Ropes Excursions

Tues 7th March - Fri 10th

March - OLNA Testing

Fri 10th March -

*Yr 8 Aboriginal for a day, YR 9/10
Wagin Woolarama Excursion*

Tues 14th March -

Yr 11 Food Science Excursion

Wed 15th March -

Yr 8/9 Vaccinations

Thurs 16th March -

*Yr 10 Parent Subject Meeting 7pm,
Play Rehearsal 3.30-5.30pm & Y
11 Food Science Excursion*

Tues 14th - Thurs 23rd March -

Santa Laurensia School Visit

Tues 21st March -

*SWSSWA Interschool Swimming
Carnival, Staff Association Meeting*

Thurs 23rd March -

*Big Band Picnic 5pm, Play
Rehearsal 3.30 -5.30pm*

Tues 21st - Fri 24th March -

OLNA Testing

Thurs 30th March -

Play Rehearsal 3.30-5.30pm

Mon 3rd April -

*Play Rehearsal P1/2, School Play
Matinee P3/4*

Mon 3rd - Thurs 6th April -

*School Play Performances
(Evening)*

Wed 5th April -

Yr 10 Careers Day; IT Tech Perth

Thurs 6th April -

7-9 Faction Athletics Carnival

Fri 7th April -

*Yr 10-12 Faction Athletics
Carnival, Progress reports sent
Home & Last Day of Term*

PRINCIPAL'S ADDRESS

It is hard to believe we are already in week 6 as the school term seems to fly by. At this stage of the year both staff and students have settled into their routines and are concentrating on both academic and social pursuits. So far in Term 1 students have had a large smorgasbord of experiences offered to them by the school.

On Friday, the 24th February our Year 12 students decked themselves out in their finest attire to attend our 2017 School Ball. This was a very important occasion for our Year 12's and their parents and I would like to recognise the efforts of Ms Lee Pike and the Ball Committee for planning this extravaganza. I believe that this is the best school ball that I have attended with the attitude and behaviour of all that attended the Ball being first class.

On Friday the 3rd of March the school held our annual Surfing Titles. These were many hotly contested heats with many of our students displaying their amazing talents and skills. The surfing ability of the students who attend Margaret River SHS and those students who are part of our school surfing program continue to astound all staff at the school.

Last week we held our second Project Control Group meeting to advance the concept plan for our building upgrade with a particular focus on the Stage 1 development. The underlying premise of all our planning is based around providing for the educational needs of present and future students at Margaret River Senior High School. A key consideration of this meeting was to determine the logistics required to effectively run normal school programs whilst catering for the Stage 1 build. This will require the re-location of up to 16 transportable buildings, re-alignment of the school playing fields and developing access areas to the individual building sites. The building program for Stage 1 provides a number of challenges for the operations of the school, in particular, a significant reduction in playing field area and open space for student use.

Finally I would like congratulate our Year 7 year group and our new students for the way they have settled in during Term 1. Both these groups have been valuable inclusions to our school and have had an excellent first term. I would also like to thank all parents who attended the annual Meet and Greet. This is one of the school events that I really look forward to and it was great to see the many parents who took the opportunity to meet their children's teachers. Once again, we had fantastic support from our parent body and I would like to thank Wendy Coffey and the Emergency Service Cadets for the set up, catering and bringing food around on the night.



Andrew Host
Principal

Arts News

This year promises to be an exciting one for Arts students and staff as we prepare for many exciting artistic events.

These include; our Term 2 lower school showcase and in Term 3, our whole school Arts Festival. These will both take place at the Cultural Centre.

I would like to welcome back Kate Marzhol to Visual Art and welcome Jayden Williamson who will be teaching percussion and brass as part of our Music program this semester.

Congratulations to Michelle Spriggs (our vocals specialist) who supported James Taylor at the Leeuwin Concert in February. We are very fortunate to have such talented artists teaching our students.

Coming up:

Don't Miss: Big Band Picnic Music Concert Thursday the 23rd of March

This relaxed "picnic" style music concert will be held on the lawn area outside of the Auditorium on Thursday evening – the 23rd of March. The concert begins at 5pm but performers are asked to arrive at 4.30pm for set up. Two hours of performance will include concert band, guitar ensembles, some class bands and audition items. Families can bring picnic food along to enjoy. Please be reminded that this is an **alcohol free** school event.

Coming up: Away – Upper School Production 3rd – 6th of April Week 10 Term 1

Our Upper School Drama class is busy preparing for our production of **Away** by Michael Gow. This award winning Australian play is set in the summer of 1967/68 and explores an Australian society trapped by racist and materialistic values. We follow the stories of three Australian families as they go "away" on their summer holidays in an attempt to escape the grief/fear they are experiencing. It is aimed at a mature age (15 years plus) audience as the play includes some adult concepts and very infrequent use of coarse language. Tickets will go on sale through the front office on **Monday the 20th of March** (\$15 for Adults and \$10 for students).

Late Last Year:

The 2016 Arts Calendar ended with an exciting Lower School Dance Road Trip. Our Year 9 and 10 dancers visited two local feeder primary schools to perform original choreography and dance pieces taught by Miss Kat from Blackwood Dance School.

The very next day approximately 90 students performed Drama and Music items in the auditorium to create our Celebration Concert for parents and primary age students.

I would like to congratulate all of students for the success we enjoyed last year in The Arts and encourage them all in their artistic pursuits for 2017.

Mem McCormack

Head of Learning Area: The Arts.

(Photos from the Dance Road Trip and Celebration Concert, on right and following page.)



Arts News Continued...



Santa Laurenzia Sister School Visit



Margaret River Senior High School

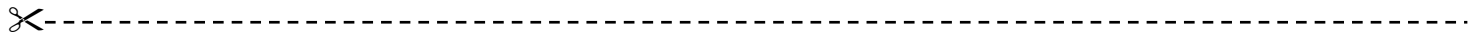
158 Bussell Hwy, Margaret River, WA 6285
Phone: (08) 9757 0700 Fax: (08) 9757 2253
margaretriver.shs@education.wa.edu.au
www.margaretrivershs.wa.edu.au



EXPRESSION OF INTEREST TO HOST SANTA LAURENZIA SHS STUDENT From 15th to 23rd March 2017

Hosting an exchange student is a very positive and rewarding experience. It is an opportunity to learn first hand new things about a different country, language and culture and to make a new friendships.

Margaret River SHS has been hosting Santa Laurenzia students since 2008 and it has been a very successful programme. This year MRSHS will once again host a group of twenty students (16 girls and 4 boys) and two teachers. If you are interested please return the slip below to Mrs McCoy or Student Services or email information to interested please return the slip below to Mrs McCoy or Student Services or email information to Angela.McCoy@education.wa.edu.au .



SANTA LAURENZIA SISTER SCHOOL VISIT – HOME HOSTING

Name of student:

Home address:

Contact phone numbers:

During the day: name:

After hours: name:

Would you prefer to host (please circle): boy girl either

Any other relevant information that can assist us in the allocation of students (pets, family, etc):

A Mentoring Success Story, Ian Edgar and Jack Knight

“...the Loop of Influence – a team of significant and influential people who believed the best of him”

I began mentoring Jack in the second half of Year 7, 2012 at Augusta Primary school. I had been a mentor for some time at the Margaret River Senior High School. The Mentoring Coordinator at Augusta Primary School – Sharon Doyle recognised a need for a mentor to connect with Jack and then transition with him to High School. It was evident that having a familiar ‘friend’/mentor to journey with him would really help Jack to adjust to the new dynamics of the secondary school social environment.

When I met Jack he was an 11 year old in a 15 year old’s body...he was physically maturing at a rapid rate but socially and emotionally was struggling with relationships and choices. He was dominant amongst his peers and certainly needed some guidance and encouragement.

Under the coordination of Kathryn Seisun at MRSHS I continued to mentor Jack in 2013 as he began Year 8. I met with Jack once a week and our relationship strengthened.

Jack had a few behavioural struggles in the early years at high school. I continued to meet with him once a week. Jack struggled with the regular school program so our discussions were centred on an employment pathway. We began to discuss options with Michelle Miller (Secondary School Independent Program). As a result Jack was given permission to begin work placement with myself at Bullant Beef and then my son’s family business - Leeuwin Grass Fed Beef. Jack was the first Year 9 student at MRSHS to be granted this privilege.

My relationship with Jack changed from school Mentor to a work-placement Mentor under Michelle’s management. It began as a ½ a day a week and progressed to a full day. Jack was therefore becoming a role model for future students. The change in Jack was very noticeable as he found his purpose. Jack was to complete a Work-safe Certificate achieving high marks.

In 2015 – Michelle Miller and myself continued to work together as Jack commenced Year 10. His work placement was later extended to include:

- ⇒ Mill Race Fabrication (Andrew Mottershead)
- ⇒ BHE – Ben Harrison
- ⇒ Augusta Mechanical
- ⇒ Leeuwin Grass Fed Beef – Ashley Edgar
- ⇒ Jim’s Auto and Gas

In 2016 Jack commenced Full Time employment with a local dairy. The interview I arranged with the dairy between Jack and the owner to be the best, most stimulating and honest session I have ever experienced. I continued my contact with Jack on a regular basis. While working at the dairy Jack was polite and respectful worker. He showed resilience and maturity in the pressured work environment of the dairy. This arrangement lasted for many months, mutually benefitting both parties.

Jack has now been awarded a full apprenticeship with a local Plastering company. The hours are a welcome change to the demands of dairy farming. This has allowed Jack to establish a healthier work - life balance. Jack still hopes that one day he will be able to pursue his first love of Mechanics. For now at the young age of 16 years old, Jack is in great place.

I attribute a lot of Jack’s success to “the Loop of Influence”... a team of significant and influential people around Jack who believed the best of him, and did not give up on him. Also Jack has proven himself over and over to be one to rise to the challenge.

A few special mentions:

- ⇒ Amazing flexibility demonstrated by the MRSHS staff team, Student Services, thanks to Donna Burgess, Michelle Miller, Teacher in charge of SSIP (Secondary School Independent Programme), Mentoring Coordinator Kathryn Seisun and Paul Baker (Apprenticeship Coordinator).
- ⇒ The school’s persistence and ability to focus intensely towards this ONE student, towards Jack’s success.
- ⇒ The teachers and significant others patiently supporting Jack, even though I witnessed the massive workload that this initiative created.
- ⇒ The unconditional love and support of Jack’s Mother Sharni and Grandmother Vicki, and gratitude towards myself.

A Mentoring Success Story, Ian Edgar and Jack Knight Continued...

It has been a very challenging but very rewarding experience to be part of Jack's journey from Primary school to employment. At times I felt a lot of pressure especially during the second half of Year 10 and the start of Year 11 as plans were being made towards Jack's full time employment.

I am so proud of him and happy that he calls me one of his best mates. I couldn't ask for anything more. I have a life long friend.

Ian Edgar
Mentor

IF YOU would like to join the Mentoring program as a volunteer OR YOU KNOW someone who might be interested PLEASE contact Kathryn Seisun 97570730, or email: Kathryn.seisun@education.wa.edu.au.

ALSO if you would like to REFER YOUR CHILD to the program please also contact Kathryn Seisun.



Financial Information

Dear Parents/Guardians,

Thank you to those that have already paid in full their Contribution & Charges.

Please note that the deadline to pay your charges was the **3rd March.**

Any parent that may have difficulty in making the payment of charges in full, should contact me on 9757 0704 to discuss payment plan options via accounts.MargaretRiver.SHS@education.wa.edu.au

You may be eligible for up to \$350 towards school expenses please don't miss out. Applications Close **Friday, 7 April 2017** and can be collected from the Front Office or downloaded from our website:

<http://www.margaretrivershs.wa.edu.au/parents-and-community/financial-information/> SAS – Application Form.

I thank you for your support of our school.

Best wishes for the new school year!

Cristina Oliveira
Manager Corporate Services

Health Message From The Health Teachers

In Year 8 Health this term we have been exploring Cyber Safety. The start of the school year is an important time to revisit essential digital citizenship skills with your children and to encourage a culture of respect and positive interaction in their online and offline worlds.

Below are a number of help services that could be helpful to understand the laws, recommendations and issues associated with online communications.

www.esafety.gov.au/education-resources

www.esafety.gov.au/education-resources/complaints-and-reporting/cyberbullying-complaints/i-want-to-report-cyberbullying

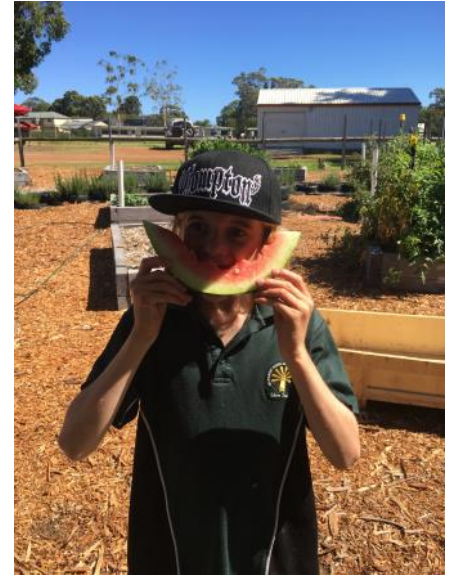
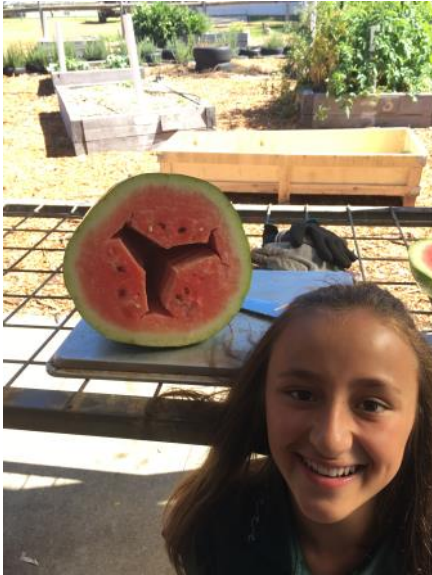
<https://kidshelpline.com.au/kids/get-help/webchat-counselling/?referrer=%27acma%27>

Sue Buckland
Health and Physical Education Teacher

Farm News

Vegie Garden

We have grown lots of produce over the summer holidays. Watermelons, heritage carrots, tomatoes, corn, basil and more. We have also planted a finger lime and a goji berry plant for students to taste and see exotic fruits. We had a huge crop of purple heritage carrots that were super sweet, purple on the outside and orange in the middle, which students loved picking and eating. We will definitely plant more later in the year. The hydroponics shed is full of capsicum and chillies. We have barramundi in our aquaponics and they are loving this hot weather. We might have to put a heater in their tank in winter to get them to a decent edible size by the end of the year.



Phasmids

We have been breeding phasmids (stick insects). This is the female who has grown over the holidays and is now almost full size. When we first got her she was about 3 cm long. There are two kinds of stick insects. Phasmids who are vegetarian and eat gum leaves and Mantids who are the carnivorous variety with the big front legs to grab passing prey.

Chicken Caravan

Our chicken caravan is up and running. It took a few weeks for the chickens to get used to their new places for perching and laying but they are well trained now. We have 60 Hyline Browns who can now free range on pasture and provide eggs to school canteen and Home Economics department. We have the alpacas roaming the outside of the chicken pen and so far they have been doing a great job of guarding the chickens.



Farm News Continued...

Please be aware of bringing dogs into the Organic Garden because last week we saw a dog running around the outside of the chicken pen after school hours, alpacas in hot pursuit. The owner had stopped at organic gardens with the dog off leash. Farmer Pete would have intervened but he was up to his armpits helping a cow give birth. At least we could see the alpacas doing their job but please, no dogs.

Cattle

We have great success with our cattle program this year. Our Angus Cows have given birth to 4 calves, 3 heifers and 1 bully calf. We love having girls because we keep them and build our herd. Our cows have been calving, students love the calves, they are super cute. Soon they will be putting halters on them, leading and brushing them to keep them calm and used to human contact.



Black Soldier Fly Larva

Over the holidays Ms Howse built a Black Soldier Fly Larva composting system. This is a great way of recycling waste with minimal impact on the environment. BSFL contain up to 48% protein so are great for our aquaponics system (fish love them) and for a protein supplement for our chooks. They can consume and break down huge amounts of food waste very quickly and the larvae crawl up the slope and out into a bucket so always have a clean supply of great big fat grubs for fish/chook food.

Giant Sunflowers

We planted giant sunflower seeds we bought from Diggers club last year. They grew like crazy over the holidays and we came back to these giant sunflowers outside farm classroom. We have collected seed so we can plant again in Autumn this year.

Bel Howse

Farm Teacher



2017 Year 11 Biology Excursion at Perth Zoo

It was a rude wake up call at some 'ungodly' hour on Tuesday morning of 21st February 2017. The bus departed at 6.00 am to transport 28 budding biologists and 2 staff to the Perth Zoo for the day, a journey that was to take 3 hours and 30 minutes one way. If one does the calculations, it wouldn't be unreasonable to question such a quest ...to spend just 4 hours at the zoo but it was well worth it. Students enjoyed a one hour presentation on the topic of classification by zoo staff which included a close encounter with a handsome bearded dragon and a fabulous specimen of a *Tiliqua rugosa*, a slow moving species of blue-tongued shingleback endemic to Western Australia, a hands-on and interactive classification workshop using various animal skulls, followed by a self-guided walk through the marvellous grounds to learn some Biology. Throw in some beautiful Perth weather, a mild 23°C and an excellent cohort of students and the whole experience was an awesome one to be had by all.

We are very fortunate to have such a well designed and well kept Zoo in Western Australia where animal welfare is clearly of the highest priority. A visit to the zoo comes highly recommended.

N.B. A special thank you to our wonderful bus driver, Mr Garrath Stewart whom willingly gave up his 6 hour day for a 13 hour day instead.

Iris Kupfer-Hollis

Biological Sciences, MRSHS and proud of it



Japan Trip

Excited and beaming from ear to ear with bags chocka-block full of puffer jackets, gloves and beanies, we all congregated in the check-in foyer. The students couldn't wait to get on the plane. After all, we have been waiting months for this day! What a trip!

The first day was spent amongst the 13 million people who reside in Tokyo and still manage to be polite and bow respectfully always. Many of us had a crash course in how to use chopsticks at the Japanese buffet, our first exposure to the varied and unusual foods the Japanese love to eat. We saw beautiful Buddhist and Hindu temples and were shown how to pray and wish for a healthy and happy life. The Imperial Palace was surrounded by gardens with trees beautifully manicured into bonsai type shapes. The Asasuka, Electric City was 'neon on steroids' and a gamer and collectors paradise.



Always on every one's minds was,

'when is the snow going to fall?'

So when we started to see snow lying beside the road the cameras came out and the bus was a buzz of energy. Climbing to the top of the Olympic ski jump was a challenge for some and very cool to gaze out over the mountains. It was also our first chance to get amongst the snow and the snow balls began to fly. A few learnt the hard way that they should always wear gloves.

The skiing and snowboarding brought out the competition in some and perseverance in others. There were so many memorable moments but the

highlight was 'The Race' that had locals stopping to watch. Unsure why, but the speed of the race would have been a factor and the winner was? Shana of course!

Thanks to Mr Buckland for the huge amount of hours he put in arranging this brilliant excursion and for the perfectly organised and interesting itinerary. Also thanks to Mr Host for his non-stop energy and essential tourist tips.

Thanks also to the students for their excellent behaviour, maturity and sense of adventure. It was a pleasure sending time travelling with you all. I'm sure all those who attended will admit it was an unforgettable experience.



Sue Buckland

Outdoor Education Teacher



Community Noticeboard



LONG TERM YOUTH EXCHANGE PROGRAM FOR 2018

Applications now Open and Close March 31st 2017.

12 months in a foreign country attending school with board and accommodation provided by host families is offered by Rotary International District 9465.

To be eligible, students must be over 15 and less than or just turned 18 years of age at the time of departure in January 2018. It is available for all young West Australian students and not just for those with a Rotary connection.

This is an education and cultural exchange and each student's principal purpose is to act as a "Youth Ambassador" for Australia. Anticipated countries of exchange may vary each exchange year but could include Germany, Hungary, Brazil, Switzerland, Denmark, Japan, France, Italy, Belgium, Slovakia, Mexico, Iceland, Spain.

Students gain firsthand experience of different cultures and lifestyles and the opportunity to adapt to a new environment. At the same time, they inform their host community about the Australian way of life and help build the two key objectives of the program of better international understanding and goodwill.

Travel expenses are paid by the student's parents, an initial cost of approximately \$6500, although financial assistance is available for those who meet the District criteria.

Applications close on **31 March 2017** for exchanges which will commence in January 2018. They should be submitted to your local Rotary Club closest to your home or school and must be made to one club only. Those students at boarding school can apply through their home Rotary Club. More information can be found at <http://www.rotaryyouthexchange.org.au/> or check out the District 9465 Rotary Youth Exchange Facebook page. Our District Selection Interviews will be held on Sunday 4th June 2017.

Applicants are strongly encouraged to participate in the involvement of family and friends to act as host families for overseas inbound students as a reciprocal arrangement.

Please contact District Secretary **Linda Bilney** on 0427341022 Email: yepsec9465@gmail.com for an initial application form and brochure or to answer any queries *and to help with accessing your local Rotary Club*. Below in **Bold** is a list of clubs that have exchanged students in the last 3 years. Try these first.

Rotary Clubs of District 9465

ALBANY CITY

ARMADALE
BENTLEY-CURTIN
BRIDGETOWN

BUSSELTON-GEOGRAPHE BAY

CANNINGTON
COMO

FREMANTLE KALGOORLIE

KENWICK
MANDURAH
MANJIMUP
MILLPOINT
PALM BEACH
ROSSMOYNE
VICTORIA PARK

ALBANY PORT

ASCOT
BOORAGOON
BUNBURY

BYFORD & DISTRICTS

COCKBURN ESPERANCE

GOSNELLS
KATANNING
KOJONUP
MANDURAH CITY
MARGARET RIVER
MOUNT BARKER
PINJARRA
SOUTH BUNBURY
WAGIN

APPLECROSS

ATTADALE
BOULDER
BUNBURY-LESCHENAULT
CANNING BRIDGE
COLLIE
ESPERANCE BAY
HANNANS-KALGOORLIE

KWINANA
MANDURAH DISTRICTS
MELVILLE
NARROGIN
ROCKINGHAM
SOUTHERN DISTRICTS
WILLETTON



Join **Joanne Edmond** (*Psychologist*) and **Sally Gray ND**

(*Naturopath & Transformational Mentor*) at:

Empowered Emotions

FOR HAPPY KIDS

Where **Psychology, Nutrition & Lifestyle** collide
for **Supreme Happiness**

4 WEEK PROGRAM: 1 FULL LIVE DAY AND 4 FOLLOW UP ONLINE SESSIONS

- Uncover AND resolve the hidden physiological obstacles behind anxiety that are keeping your child stuck in the cycle.
- Restore optimal brain function with the latest in neuroscience and psychological understanding.
- Reveal sabotaging beliefs and replace them with new empowering beliefs that create ease and the ability to cope in any situation your child will face.
- The “right” food and lifestyle for your child to excel in all areas.
- Incorporate daily strategies to build resilience for children to “fully” participate in life and amplify the “joy” in every moment.
- Resolution tactics you can teach your child in a flash.

**SATURDAY
APRIL 1ST**

Busselton Community
Resource Centre
21 Cammilleri Street,
Busselton, WA, 6280

TOTAL INVESTMENT

\$395

All food and drink included

Bookings at info@realhealthykids.com or online at www.realhealthykids.com

Community Noticeboard



Margaret River Netball Association Registrations

Open March 1st for the 2017 Season

Under 9's (2009 & 2008) - Play Saturday 9:30am, Train Wednesday 4pm

Under 11's (2007 & 2006) - Play Saturday 10.45am, Train Wednesday 5pm

Under 13's (2005 & 2004) - Play Thursday 4:45pm, Train Mondays

Under 15's (2003 - 2000) - Play Thursday 6pm, Train Tuesdays

We are super excited to see you all this coming season. Please register as soon as possible so we can get things organised for you.

1. Go to my.netball.com.au (google *my netball*)

2. On the right side - *Find a club* with the post code 6285

3. Login to register. User name is your email and you can reset your password at this point if you have forgotten it or set up a new account if new.

4. Payment is due after registration by direct debit or cash/cheque at the beginning of the season. Payment is not made online at registration.

5. If you are eligible for Kidsport this is now done online. Google *kidsport* and follow the links and instructions.

Registrations close 22nd March. For help with MyNetball registrations contact Belinda on 0488 066 140 or margaretrivernetball@gmail.com For questions regarding the season contact Linda on 0439 151 560

Umpires from last year and new aspiring umpires please text Linda your interest.

10 reasons why your staff and students will give you major kudos for holding a World's Greatest Shave!

1 TEAMWORK

Staff, students and parents coming together for a common goal gives everyone the 'warm fuzzles'.

2 LEARN ABOUT A GOOD CAUSE

Educate students on the value of helping others.

3 LEARN ABOUT BLOOD CANCER

Every day 35 Australians are diagnosed and over 60,000 people live with a blood cancer. Making students aware of these diseases helps them understand the world we live in.

4 ORGANISATION SKILLS

Allows students to take ownership of a project and develop leadership and organisation skills.

5 #GOVIRAL

World's Greatest Shave creates awesome photo and story opportunities for your school's social media, website, intranet, newsletters and annual report.

6 RECOGNITION

Gain major recognition in your state and across Australia if your school is a top fundraiser.

7 COMMUNITY ENGAGEMENT

Demonstrates terrific goodwill in your local community.

8 BUILD RELATIONSHIPS

This is a big one! Establish greater rapport between students and teachers.

9 CHANGE LIVES

The money you raise will give families facing blood cancer the emotional and practical support they need and fund vital research to help save lives.

10 IT'S FUN - NEED WE SAY MORE!

Leukaemia Foundation



Sign up now at worldsgreatestshave.com